## **SW-PHYS06 Switch - Isometric Exercises Panel**





## Ideas:

- Learn about different movement types and patterns
- Hold moves in position for different amounts of time
- Build strength and stamina through isometric exercise.

## **Product Information**

Age Range: 5-16 Years

Maximum Children: 2

Height: 1.4m post mounted

## **Technical Information**

Maximum Fall Height : N/A

Safety Zone Area: N/A

Safety Surface Required : No

Available for Surface Mount : No

Default Install Depth: 400mm

Foundation Base: In Ground





